



# RESOURCE ROUNDUP

COMMUNITY RESOURCES & EVENTS

1/16/26

Find this information online at [www.cssbh.org/resource-roundup](http://www.cssbh.org/resource-roundup)  
(Scan code to be taken to the website.)



## ONGOING

- **FINANCIAL LITERACY PROGRAM** – Akron Recreation and Parks will host a free workshop series on strategies to build wealth, life insurance, retirement planning and more. Dates are **Jan. 20, Feb. 12, Feb. 24, March 10 and March 26**. The program is from 5:30-7 p.m. at Joy Park Community Center, 825 James Ingram Way, Akron. For more details, call Program Director Misha Augustine, 330-510-1378 or the community center, 330-375-2805.
- **MINDFULNESS MEDITATION CLASS** – For anyone in recovery and families impacted by addiction. **Third Saturday** of each month at 10 a.m. at Tyler's Redemption Place, 2684 Sanitarium Road, Akron. Learn techniques to calm the mind, create inner peace and enhance overall well-being.
- **FOOD PANTRY** – Groceries available from 8-9:30 a.m. on the **second Wednesday** of each month at Annunciation Greek Orthodox Church, 129 S. Union St., Akron. Contact: 330-434-0000.
- **UTILITY BILL HELP** – The Salvation Army of Summit County's Utility Assistance Program offers financial relief for eligible low-income households facing shut off. Help is available once every 12 months and is based on available funding. Call 330-762-8481 to apply.
- **HOT MEALS, FOOD & CLOTHING** – Hot meal, hot meal to-go, groceries and clothing pantry from 5-6:30 p.m. on the **third Thursday** and **fourth Tuesday** of the month at Annunciation Greek Orthodox Church, 129 S. Union St., Akron. Contact: 330-434-0000.
- **VETERINARY SERVICES** – The Humane Society of Summit County provides free medical services for low-income neighborhoods in Summit County. You must be enrolled in one or more of the following: SNAP, WIC, Medicaid or TANF. **Proof of eligibility is required for all services.** No-cost services for cats and dogs include spay and neuter surgeries, wellness exams, dewormer, flea and tick prevention, and some vaccines. Dogs must weigh less than 50 pounds, puppies must be at least 3 months old, kittens must weigh 2 pounds or be at least 3 months old. Limit two pets per household, per visit. Appointments are required. For full details, visit <https://summithumane.org/resources/mabel/>.

## JANUARY

- **FREE ZOO ADMISSION** - The Akron Zoo is offering free admission **Jan. 19** (Martin Luther King Jr. Day) from 11 a.m.-4 p.m. Zoo visitors can also view the temporary exhibit, "Celebrating Black History in Perkins Woods." The zoo is at 505 Euclid Ave., Akron. Details at [www.akronzoo.org/martin-luther-king-jr-day](http://www.akronzoo.org/martin-luther-king-jr-day).
- **DR. MARTIN LUTHER KING JR. LECTURE** – Peabody Award-winning journalist Jelani Cobb will deliver the lecture **Jan. 18** from 2-4 p.m. at the Akron-Summit County Public Library auditorium, 60 S. High St., Akron. Doors will open at 1:30 p.m. News personality Leon Bibb will moderate the event. Details: <https://services.akronlibrary.org/event/14844053>.
- **MARTIN LUTHER KING JR. DAY EVENT – Jan. 18** at 4 p.m. at First Congregational Church, 292 E. Market St., Akron. The Dr. Martin Luther King Jr. Coalition Celebration Committee will present the event to honor King's legacy and promote community engagement.
- **FREE MUSEUM ADMISSION & ACTIVITIES** – Akron Art Museum will host MLK Day at the museum on **Jan. 19** from 11 a.m.-5 p.m. The event will include games, artwork viewing with a specially designed gallery guide, and showings of New York International Children's Film Festival's Celebrating Black Stories short films. The museum is located at 1 S. High St., Akron.
- **WELLNESS WORKSHOP** – "Healing One Step at a Time: My Path to Healing" is a day of healing and self-discovery through guided meditation sessions, interactive workshops and inspiring talks, **Jan. 24** from 1:30-4:30 p.m. at Mason Park Community Center, 700 E. Exchange St., Akron.
- **FROST FEST** – Ice sculptures, a hot cocoa crawl, live music, costumed characters and more are part of the event **Jan. 24** from noon-5 p.m. in downtown Akron, at various locations at Main and Exchange streets, Mill and Summit streets, Lock 3 and the Northside District. Full details at <https://www.downtownakron.com/event/downtown-akron-frost-fest>
- **REENTRY AND VALID CLINIC** – The free clinic is set for **Jan. 24** from 9 a.m.-12 p.m. at the University of Akron School of Law, 150 University Ave., Akron. The clinic has volunteers helping with record expungement and sealing, license restoration, clemency, and Certificate of Qualification for Employment (CQE). Please note, if the clinic reaches capacity, it may end early. Details: [www.uakron.edu/law/curriculum/clinical-programs/reentry.dot](http://www.uakron.edu/law/curriculum/clinical-programs/reentry.dot).
- **WILBERFORCE UNIVERSITY CHORUS CONCERT** – The MLK Celebration Day Coalition will host the concert **Jan. 25** at 3:30 p.m. at First United Methodist Church, 263 E. Mill St., Akron.
- **WINTER WATERCOLOR FOR RELAXATION** – Practice basic watercolor techniques for relations while creating a one-of-a-kind artwork, **Jan. 26** from 2:30-4:30 p.m. at Firestone Park Branch Library, 1486 Aster Ave., Akron. Registration begins **Jan. 19**; register online, in person or by phone at 330-724-2126.

- **TECH SAFETY SESSION** – Learn computer safety concepts, such as recognizing phishing and spam, privacy settings, creating strong passwords and two-factor authentication. Hosted by the City of Cuyahoga Falls Parks and Recreation **Jan. 28** from 12-1 p.m. at The Natatorium, Hopewell Room, 2345 Fourth St., Cuyahoga Falls. Registration is required; visit <https://tinyurl.com/a2p4kb99>.
- **WELLNESS WEDNESDAY** – Free mental health screenings, giveaways, connection to resources, **Jan. 28** from 10 a.m.-2 p.m. at METRO RTA, 631 S. Broadway St., Akron. Hosted by Portage Path Behavioral Health.
- **MEALS & CLOTHING** – Jake's Reach will have its monthly outreach with hot meals, boxed groceries, clothing and essentials **Jan. 31** from 11 a.m.-1 p.m. at Firestone Park United Methodist Church, 250 N. Firestone Blvd., Akron.