



RESOURCE ROUNDUP

COMMUNITY RESOURCES & EVENTS

1/23/26

Find this information online at www.cssbh.org/resource-roundup
(Scan code to be taken to the website.)



ONGOING

- **FINANCIAL LITERACY PROGRAM** – Akron Recreation and Parks will host a free workshop series on strategies to build wealth, life insurance, retirement planning and more. Dates are **Feb. 12, Feb. 24, March 10 and March 26**. The program is from 5:30-7 p.m. at Joy Park Community Center, 825 James Ingram Way, Akron. For more details, call Program Director Misha Augustine, 330-510-1378, or the community center, 330-375-2805.
- **EMERGENCY HOPE BAGS** – Free emergency bags with clothing, snacks, a drink, hygiene supplies and a blanket are available for those who are homeless. Contact Hope Junction at 330-557-5454. Bags also are available for pets.
- **“MAMA’S KITCHEN” FREE MEAL** – **Every Tuesday and Thursday** from 5-7 p.m. at Zion Temple Baptist Church, 515 Ardella Ave., Akron.
- **LOADS OF LOVE** – Annunciation Akron Good Samaritans Outreach will help pay for clothes washing, drying and detergent. Two washers permitted per person, four washers per family, from **5-6:30 p.m. on the second Monday** of every month at Laundromat City, 1713 W. Exchange St., Akron.
- **MEDITATION GROUP** – Summit Recovery Hub hosts a meditation group on **Mondays** at 6 p.m. at 572 W. Market St., Unit 2, Akron. Details at www.summitrco.org.
- **LINE DANCING** – Mason Park Community Center hosts free line dancing for all skill levels on **Fridays** from 6-8 p.m. Participants must be 18 and older. The center is located at 700 E. Exchange St., Akron. Enter Door #3.
- **FREE SMOKE DETECTORS** – The Akron Fire Department and American Red Cross offer free smoke detectors and carbon monoxide detectors to those in need. The Fire Department also will install them. Call the Community Services Division at 330-375-2197 to sign up.
- **TOBACCO QUIT LINE** – A free smoking-cessation line is available from the Ohio Department of Health. Those who enroll will gain access to professional quit coaches and an online community to provide support. Quitline also provides resources like nicotine-quit medications, lung cancer screenings and more. To start, call 1-800-784-8669 or visit www.ohioquits.org.

JANUARY

- **WELLNESS WORKSHOP** – “Healing One Step at a Time: My Path to Healing” is a day of healing and self-discovery through guided meditation sessions, interactive workshops and inspiring talks, **Jan. 24** from 1:30-4:30 p.m. at Mason Park Community Center, 700 E. Exchange St., Akron.
- **FROST FEST** – Ice sculptures, a hot cocoa crawl, live music, costumed characters and more are part of the event **Jan. 24** from noon-5 p.m. in downtown Akron, at various locations at Main and Exchange streets, Mill and Summit streets, Lock 3 and the Northside District. Full details at <https://www.downtownakron.com/event/downtown-akron-frost-fest>
- **REENTRY AND VALID CLINIC** – The free clinic is set for **Jan. 24** from 9 a.m.-12 p.m. at the University of Akron School of Law, 150 University Ave., Akron. The clinic has volunteers helping with record expungement and sealing, license restoration, clemency, and Certificate of Qualification for Employment (CQE). Please note, if the clinic reaches capacity, it may end early. Details: www.uakron.edu/law/curriculum/clinical-programs/reentry.dot.
- **WILBERFORCE UNIVERSITY CHORUS CONCERT** – The MLK Celebration Day Coalition will host the concert **Jan. 25** at 3:30 p.m. at First United Methodist Church, 263 E. Mill St., Akron.
- **SNOW ANGELS** – The volunteer group will distribute winter items, toiletries and other essentials to those experiencing homelessness and others who are struggling, **Jan. 25**, first stop from 10:15-10:45 a.m. at the Ardmore parking lot in Middlebury, 981 W. Market St., Akron; second stop from 11-11:45 a.m. on Park Street behind Speedway at the corner of West Market Street and North Union Street (do not park in the street).
- **WINTER WATERCOLOR FOR RELAXATION** – Practice basic watercolor techniques for relations while creating a one-of-a-kind artwork, **Jan. 26** from 2:30-4:30 p.m. at Firestone Park Branch Library, 1486 Aster Ave., Akron. Registration begins **Jan. 19**; register online, in person or by phone at 330-724-2126.
- **TECH SAFETY SESSION** – Learn computer safety concepts, such as recognizing phishing and spam, privacy settings, creating strong passwords and two-factor authentication. Hosted by the City of Cuyahoga Falls Parks and Recreation **Jan. 28** from 12-1 p.m. at The Natatorium, Hopewell Room, 2345 Fourth St., Cuyahoga Falls. Registration is required; visit <https://tinyurl.com/a2p4kb99>.
- **WELLNESS WEDNESDAY** – Free mental health screenings, giveaways, connection to resources, **Jan. 28** from 10 a.m.-2 p.m. at METRO RTA, 631 S. Broadway St., Akron. Hosted by Portage Path Behavioral Health.
- **GROCERY DISTRIBUTION** – People Feeding People will distribute free groceries **Jan. 28** at 5:30 p.m. at Wilbeth Arlington Homes, 910 Eller Ave., Akron. Contact: pfpakron@gmail.com.
- **MEALS & CLOTHING** – Jake’s Reach will have its monthly outreach with hot meals, boxed groceries, clothing and essentials **Jan. 31** from 11 a.m.-1 p.m. at Firestone Park United Methodist Church, 250 N. Firestone Blvd., Akron.