



# RESOURCE ROUNDUP

COMMUNITY RESOURCES & EVENTS

1/30/26

Find this information online at [www.cssbh.org/resource-roundup](http://www.cssbh.org/resource-roundup)  
(Scan code to be taken to the website.)



## ONGOING

- **EMERGENCY HOPE BAGS** – Free emergency bags with clothing, snacks, a drink, hygiene supplies and a blanket are available for those who are homeless. Contact Hope Junction at 330-557-5454. Bags also are available for pets.
- **“MAMA’S KITCHEN” FREE MEAL** – Every Tuesday and Thursday from 5-7 p.m. at Zion Temple Baptist Church, 515 Ardella Ave., Akron.
- **CASE MANAGER AT THE LIBRARY** – Summit County Job and Family Services will provide assistance from 12-4 p.m. on the **first Monday** of the month at Goodyear Branch Library, 60 Goodyear Blvd., Akron.
- **RECOVERY DINNER** – From 5-7 p.m. on the **first Friday** of the month, Summit Recovery Hub, 572 W. Market St., Unit 2, Akron.
- **HEART 4 THE CITY FOOD PANTRY** – From 9-11 a.m. the **first Thursday** of the month, 5-6:30 p.m. **all other Thursdays**, at 954 Eastland Ave., Akron. Have ID and a clear trunk to receive a food box.
- **HOT MEALS** – From 11 a.m.-1 p.m. on **Thursdays and Saturdays** at the Homeless Charity and Village Outreach House, 47 N. Arlington St., Akron.
- **HOT SHOWERS** – The Salvation Army provides showers and hygiene essentials, including soap, shampoo, toothpaste, toothbrushes and clean clothing (as available), to unhoused neighbors, families staying in their vehicles and individuals without running water or facing shutoffs. Times are offered Monday through Friday 9-10:15 a.m. and noon-2:15 p.m. at the Akron location, 190 S. Maple St., and Monday through Friday from 10-11:15 a.m. and 12:45-2 p.m. at the Barberton location, 560 W. Wooster Road.
- **MEDITATION GROUP** – Summit Recovery Hub hosts a meditation group on **Mondays** at 6 p.m. at 572 W. Market St., Unit 2, Akron. Details at [www.summitrco.org](http://www.summitrco.org).

## JANUARY

- **MEALS & CLOTHING** – Jake’s Reach will have its monthly outreach with hot meals, boxed groceries, clothing and essentials **Jan. 31** from 11 a.m.-1 p.m. at Firestone Park United Methodist Church, 250 N. Firestone Blvd., Akron.

## **FEBRUARY**

- **FOOD GIVEAWAY** – The Sanctuary Church will host a food giveaway **Feb. 1** at noon at 847 Lakewood Blvd., Akron. Registration is from 9 a.m. to noon; food is distributed at noon. Bring an item on wheels to transport food to your vehicle. Those without an item to transport food will be given a box of prepackaged food. Bring photo ID for service.
- **TRASH TO ART** – Celebrate Black History Month by learning about and replicating the art style of famous Black artists, led by local Black artists, P31 Art & Design. The session on **Feb. 2** from 6-7 p.m. will include upcycled collages inspired by Tyree Guton. At Highland Square Branch Library, Community Room, 807 W. Market St., Akron. Register by calling 330-376-2927.
- **TAI CHI & QIGONG** – Slow movements and mindful breathing exercises to help improve health, balance and focus, **Feb. 3** from 12:15-1 p.m. at the Akron-Summit County Public Library, first-floor, in front of the Business, Government and Science desk, 60 S. High St., Akron. Wear exercise shoes and comfortable clothes, and bring a water bottle. Other dates are **Feb. 10, Feb. 17 and Feb., 24.**
- **FINANCIAL LITERACY SERIES** – The City of Akron will host a workshop series that covers tax-free accounts, creating generational wealth, college funds, life insurance and more **Feb. 5** through April 30 from 6-7 p.m. at Mason Park Community Center, 700 E. Exchange St., Door 3, Akron. Ages 18 and older are welcome. For details, contact Program Director Misha Augustine at 330-510-1378 or Mason Park Community Center, 330-375-2821.
- **BUNDLE OF FOOD GIVEAWAY** – Good Samaritan Hunger Center will give away food for those in need **Feb. 6** at Ed Davis Community Center, 730 Perkins Park Dr., Akron. Registration will begin at noon. Required: Photo ID, proxy form for those who are a proxy for others, and something to use to carry the food.
- **FRIENDS OF THE LIBRARY BOOK SALE** – Gently used books, magazines and audiovisual materials will be available for free **Feb. 7** from 10 a.m.-3 p.m. at the Highland Square Branch Library, Community Room, 807 W. Market St., Akron.
- **SENIOR POTLUCK** – Mason Park Community Center Platinum Club for Seniors will meet for a meeting and potluck lunch **Feb. 9** from 11 a.m.-2 p.m. at the center, 700 E. Exchange St., Door 3, Akron. The event will include refreshments, a guest speaker, games and creative activities. RSVP by calling 330-375-2821.
- **LOADS OF LOVE** – The Good Samaritan Outreach Program of Annunciation Greek Orthodox Church will help with laundry costs **Feb. 9** from 5-6:30 p.m. at Laundromat City 1713 W Exchange St., Akron. Two washers permitted per person; four washers per family. For details, call 330-434-0000.
- **MINDFUL MOVEMENT & MEDITATION** – A session of gentle yoga-based movements, meditation and a soothing sound bath is scheduled for **Feb. 10** from 5-6 p.m. at Highland Square Branch Library, Community Room, 807 W. Market St., Akron. Feel free to bring a water bottle and meditation cushion to the class.
- **FREE GROCERIES** – People Feeding People will have a free grocery distribution **Feb. 11** starting at 5:30 p.m. at Mohawk Apartments, 22 Safer Plaza, Akron.