



2/5/26

Find this information online at www.cssbh.org/resource-roundup
(Scan code to be taken to the website.)



ONGOING

- **HEALTHY FOOD WORKSHOPS** – The Ohio State Expanded Food and Nutrition Education Program will offer a free series of eight workshops with live food demonstrations and tastings on Mondays, starting **Feb. 9**, at Tyler’s Redemption Place, 2684 Sanitarium Road, Akron. Classes are from 4:30-6 p.m.
- **PROJECT LEARN GED CLASSES** – Free, comprehensive reading, writing, math and General Educational Development (GED) preparation classes are offered through the Akron-Summit County Public Library. To learn more, call 330-434-9461 or visit www.projectlearnsommit.org.
- **LINE DANCING** – Mason Park Community Center hosts free line dancing for all skill levels on **Fridays** from 6-8 p.m. Participants must be 18 and older. The center is located at 700 E. Exchange St., Akron. Enter Door #3.
- **UTILITY BILL HELP** – The Salvation Army of Summit County’s Utility Assistance Program offers financial relief for eligible low-income households facing shut off. Help is available once every 12 months and is based on available funding. Call 330-762-8481 to apply.
- **GROCERY GIVEAWAY** – 11 a.m. on **Tuesdays** at the Homeless Charity and Village Outreach House, 47 N. Arlington St., Akron.
- **SURVIVOR RESOURCE DROP-IN HOURS** – Hope and Healing Survivor Resource Center has drop-in hours from 4-6 p.m. on the **second Wednesday** of the month at Tyler’s Redemption Place, 2684 Sanitarium Road, Akron. Advocates will offer resources and can meet one on one with survivors of domestic violence, sexual violence and human trafficking, and their loved ones. For more details, call the hotline at 330-374-1111.
- **SALVATION ARMY FOOD DISTRIBUTION** – **Second Wednesday** of the month from 9-11 a.m. at 1033 Bellows St., Akron. For Summit County residents at or below 200% of the federal poverty level. Have trunk clear for groceries.
- **CASE MANAGER AT THE LIBRARY** – Summit County Job and Family Services will provide assistance from 12-4 p.m. on the **second Wednesday** of the month at Firestone Park Branch Library, 1486 Aster Ave., Akron.

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FEBRUARY

- **BUNDLE OF FOOD GIVEAWAY** – Good Samaritan Hunger Center will give away food for those in need **Feb. 6** at Ed Davis Community Center, 730 Perkins Park Dr., Akron. Registration will begin at noon. Required: Photo ID, proxy form for those who are a proxy for others, and something to use to carry the food.
- **FREE ART & MUSIC CELEBRATION** – Akron Art Museum will host Midwinter 2026: A Free Celebration of Art, Music & Creativity **Feb. 7** from 6-9 p.m. The event will feature musical, dance and artistic performances, an interactive lounge installation, live mural painting, and food and drinks for purchase. The museum is at 1 S. High St., Akron. Details at <https://akronartmuseum.org>.
- **FRIENDS OF THE LIBRARY BOOK SALE** – Gently used books, magazines and audiovisual materials will be available for free **Feb. 7** from 10 a.m.-3 p.m. at the Highland Square Branch Library, Community Room, 807 W. Market St., Akron.
- **SENIOR POTLUCK** – Mason Park Community Center Platinum Club for Seniors will meet for a meeting and potluck lunch **Feb. 9** from 11 a.m.-2 p.m. at the center, 700 E. Exchange St., Door 3, Akron. The event will include refreshments, a guest speaker, games and creative activities. RSVP by calling 330-375-2821.
- **LOADS OF LOVE** – The Good Samaritan Outreach Program of Annunciation Greek Orthodox Church will help with laundry costs **Feb. 9** from 5-6:30 p.m. at Laundromat City 1713 W Exchange St., Akron. Two washers permitted per person; four washers per family. For details, call 330-434-0000.
- **TAI CHI & QIGONG** – Slow movements and mindful breathing exercises to help improve health, balance and focus, **Feb. 10** from 12:15-1 p.m. at the Akron-Summit County Public Library, first-floor, in front of the Business, Government and Science desk, 60 S. High St., Akron. Wear exercise shoes and comfortable clothes, and bring a water bottle. Other dates are **Feb. 17 and Feb., 24**.
- **MINDFUL MOVEMENT & MEDITATION** – A session of gentle yoga-based movements, meditation and a soothing sound bath is scheduled for **Feb. 10** from 5-6 p.m. at Highland Square Branch Library, Community Room, 807 W. Market St., Akron. Feel free to bring a water bottle and meditation cushion to the class.
- **FREE GROCERIES** – People Feeding People will have a free grocery distribution **Feb. 11** starting at 5:30 p.m. at Mohawk Apartments, 22 Safer Plaza, Akron.
- **FINANCIAL LITERACY PROGRAM** – Akron Recreation and Parks will host a free workshop series on strategies to build wealth, life insurance, retirement planning and more. Dates are **Feb. 12, Feb. 24, March 10 and March 26**. The program is from 5:30-7 p.m. at Joy Park Community Center, 825 James Ingram Way, Akron. For more details, call Program Director Misha Augustine, 330-510-1378 or the community center, 330-375-2805.
- **REENTRY CLINIC** –The free clinic is set for **Feb. 14** from 10 a.m.-1 p.m. at the Akron-Summit County Public Library, 60 S. High St., Akron. The clinic has volunteers helping with record expungement and sealing, license restoration, clemency, and Certificate of Qualification for Employment (CQE). Please note, if the clinic reaches capacity, it may end early. Details: www.uakron.edu/law/curriculum/clinical-programs/reentry.dot.