



RESOURCE ROUNDUP

COMMUNITY RESOURCES & EVENTS

4/10/25

Find this information online at www.cssbh.org/resource-roundup
(Scan code to be taken to the website.)



ONGOING / SELECTED DATES

- **FRIENDS IN TENTS FOOD PANTRY** – Friends in Tents at 594 Fifth St. NE, Barberton will open the food pantry at 6 p.m. on the following dates: **May 13, June 10, July 8, Aug. 12, Sept. 9 and Oct. 14.**
- **FOOD DISTRIBUTION** – **Third Saturday** of each month, noon to 2 p.m. at First Baptist Church of Akron, 1670 Shatto Ave. Bring driver's license.
- **GOODIES, GAMES & GABS** – Lighthearted, fun get-togethers on **the third Tuesday** of the month from 11-11:55 a.m. at Firestone Park Branch Library, 1486 Aster Ave., Akron.
- **MINDFULNESS MEDITATION CLASS** – For anyone in recovery and families impacted by addiction. **Third Saturday** of each month at 10 a.m. at Tyler's Redemption Place, 2684 Sanitarium Road, Akron (Springfield Township). Learn techniques to calm the mind, create inner peace and enhance overall well-being.
- **HEART 4 THE CITY COMMUNITY STORE** – Low-cost household items and clothes offered 9-10:30 a.m. on the **third Saturday** of every month, 954 Eastland Ave., Akron.
- **TOBACCO QUIT LINE** – A free smoking-cessation line is available from the Ohio Department of Health. Those who enroll will gain access to professional quit coaches and an online community to provide support. Quitline also provides resources like nicotine-quit medications, lung cancer screenings and more. To start, call 1-800-784-8669 or visit www.ohioquits.org.
- **FREE SMOKE DETECTORS** – The Akron Fire Department and American Red Cross offer free smoke detectors and carbon monoxide detectors to those in need. The Fire Department also will install them. Call the Community Services Division at 330-375-2197 to sign up.
- **FOOD DISTRIBUTION** – Regular hours are 11:30 a.m.-1 p.m. **Thursdays and Fridays** at Akron Bible Church/Hope Café, 340 E. South St., Akron.
- **ST. BERNARD'S BAG LUNCH PROGRAM** – Regular hours are 8-9 a.m. **Monday through Friday**, 44 University Ave., Akron.

Continued...

APRIL

- **JAZZ CONCERT** – Presented by the University of Akron School of Music JazzWeek, the free concert will feature a blend of jazz and gospel music by Hubb's Groove from 7-8:30 p.m. **April 11** at St. Paul's Episcopal Church, 1361 W. Market St., Akron. Doors open at 6:30 p.m. Details: www.uakron.edu/jazz.
- **SPRING EXHIBITS OPENING NIGHT** – Summit Artspace will open its spring exhibitions from 5-8 p.m. **April 11** at 140 E. Market St., Akron. Meet the artists and hear their stories. Awards for the Artists of Rubber City Exhibit will be announced at 6 p.m. Details: www.SummitArtspace.org.
- **SEED-GROWING TIPS** – Tips and tricks on how to grow your own food no matter your living environment. From 6-7 p.m. **April 17** at Akron-Summit County Public Library, Goodyear Branch, 60 Goodyear Blvd., Akron. Details: <https://akronlibrary.libnet.info/event/12827429>.
- **ODDBALL** – Free daylong event with dancing, arts, crafting, board gaming and fun **April 19** from noon to midnight at the Oddmall Outpost, 772 E. Turkeyfoot Lake Road, Akron. Details: www.oddmall.info/the-oddball.
- **HEALTH & WELLNESS FAIR** – Summit County Public Health will host its annual health and wellness fair from noon-2 p.m. **April 23** at the METRO Transit Center, 631 S. Broadway St., Akron. The free event will include live music, raffle prizes, giveaways, vendors and more.
- **NATURE EVENT** – Learn more about the practice of “grounding” and connecting with nature at “Touch: Grounding 101” from 6-7:30 p.m. **April 22** at The Ledges, 405 Truxell Road, Peninsula. Mindful movement, breathing techniques, and a gentle walk will be offered throughout the free program. Register at <https://tinyurl.com/5c6a8mh3>. More details at www.forcvnp.org/naturerx.
- **FAMILY CAREGIVER & SENIOR RESOURCE FAIR** – Free event with community vendors, door prizes and speakers, 11 a.m.-1 p.m. **April 25** at Cuyahoga Falls Natatorium, 2345 Fourth St. Free lunch provided for the first 100 guests. Register at <https://tinyurl.com/m5wumf9y>.

MAY

- **SKIN CANCER SCREENING** – Cleveland Clinic Akron General will host a free skin cancer screening event from 9 a.m.-1 p.m. **May 17** at Stewart's Caring Place, 3501 Ridge Park Dr., Fairlawn. Registration is required and can be done at <https://tinyurl.com/skinscreening2025>.
- **BIKE & HIKE** – Let's Move Summit County will host a free bike and hike event from 7:30 a.m.-2 p.m. **May 17** at Summit Lake, 380 W. Crosier St., Akron. Participants will ride or walk on a designated route along the Towpath Trail starting and ending at Summit Lake Community Center. Participants will be provided with a prepackaged lunch upon returning to the park. Register by May 2 online at <https://tinyurl.com/6u766dy9>. For more details, call 330-643-2074 or email letsmovesummitcounty@summitoh.net.