



RESOURCE ROUNDUP

COMMUNITY RESOURCES & EVENTS

8/14/25

Find this information online at www.cssbh.org/resource-roundup
(Scan code to be taken to the website.)



ONGOING / SELECTED DATES

- **FREE PACKED LUNCHES** – The Lighthouse of Jesus Christ will provide free packed lunches from noon to 2 p.m. **every Saturday** during summer at 273 E. Exchange St., across from McDonald's.
- **H.U.G.S. FOR THE HOMELESS** – Essential clothing, such as socks and underwear, provided to unhoused neighbors **during the summer**, Monday through Friday from 9 a.m.-3 p.m. at the Salvation Army in Akron (190 S. Maple St., Akron) and Barberton (560 W. Wooster Road).
- **FOOD PANTRY** – Groceries available from 8-9:30 a.m. on the **second Wednesday** of each month at Annunciation Greek Orthodox Church, 129 S. Union St., Akron. Contact: 330-434-0000.
- **FREE WEEKEND BUS FARES** – METRO will offer free fares **Saturdays and Sundays through August**.
- **HOT MEALS, FOOD & CLOTHING** – Hot meal, hot meal to-go, groceries and clothing available from 5-6:30 p.m. on the **third Thursday** and **fourth Tuesday** of the month at the church, 129 S. Union St., Akron. Contact: 330-434-0000.
- **FIRESTONE PARK FARMERS MARKET** – **Sundays** from 11 a.m.-3 p.m. at 1480 Girard St., Akron. Fresh produce, handmade crafts and food trucks.
- **WELLNESS ON THE PLAZA** – Free exercise classes are offered on Cascade Plaza in downtown Akron throughout the summer. Classes include yoga, kickboxing, Zumba, hip-hop step, line dancing, Pilates and functional fitness. Roller skating, cornhole games and walking tours also are offered. For details and a schedule, visit www.downtownakron.com/explore/summer-downtown.
- **SUMMIT LAKE FARMERS MARKET** – **Every Tuesday** from 4-7 p.m. **June 3 through Sept. 23** by the lake behind Summit Lake Community Center, 390 W. Crosier St., Akron. Fresh produce, handmade crafts and more for sale. Cash, credit, debit and EBT accepted. EBT is matched up to \$25 via Produce Perks. Senior, TANF and WIC coupons accepted. Free canoe rides on the lake and cooking demonstrations.
- **GOODIES, GAMES & GABS** – Lighthearted, fun get-togethers on the **third Tuesday** of the month from 11-11:55 a.m. at Firestone Park Branch Library, 1486 Aster Ave., Akron.

- **MINDFULNESS MEDITATION CLASS** – For anyone in recovery and families impacted by addiction. **Third Saturday** of each month at 10 a.m. at Tyler's Redemption Place, 2684 Sanitarium Road, Akron. Learn techniques to calm the mind, create inner peace and enhance overall well-being.

AUGUST

- **MOUNTAIN OF FOOD** – OPEN M will host its Mountain of Food giveaway from 9-11 a.m. **Aug. 15** at 941 Princeton St., Akron (enter ONLY from Princeton Street). The event will include potatoes, cabbage, grapes, nectarines, cantaloupe, celery, popcorn, beans, Diet Coke, coffee creamer and coffee. Must bring ID and proof of address. If picking up for someone else, a signed proxy letter is required. Have trunk or back seat clear.
- **NEPALI FEST 2025** – A celebration of Nepali culture with live music, traditional dance, authentic food and more, 6-10 p.m. **Aug. 16** in downtown Cuyahoga Falls.
- **PORCHROKR** – Free event with more than 140 bands performing music on porches throughout Highland Square from 11 a.m.-9:30 p.m. **Aug. 16**. The event will include food trucks, vendors and more in the quadrant bordered by Portage Path to the west, West Market Street to the south, Casterton and Merriman roads to the east, and Hereford Drive on the north. Full details at www.highlandsquareakron.org.
- **COOKOUT FOR THE UNHOUSED** – People Serving Hope will host a summer cookout for unhoused neighbors **Aug. 17** at Grace Park (323 Park St., Akron), starting at 11:15 a.m. The event will include grilled chicken, hamburgers, hot dogs, side dishes and essential items, such as hygiene kits, socks, blankets and T-shirts.
- **GOSPEL SUNDAY** – Live gospel music from 4-6 p.m. **Aug. 17** at Lock 3 in downtown Akron (200 S. Main St.). Bring a chair. Parking is free at the State Street parking deck and Cascade Deck.
- **NATURE RX: GROUNDING 101** – Participants will learn mindful movement and breathing techniques as they take a walk through nature, 6-7:30 p.m. **Aug. 19** at the ledges at Cuyahoga Valley National Park. Park at the Ledges Trailhead, 405 Truxell Road, Peninsula, and meet at the Ledges Shelter. Details: www.forcvnp.org/naturerx.
- **WOMEN'S HEALTH CHECK** – Front Porch, part of South Street Ministries, will host breast screenings for women from 4-5:30 p.m. **Aug. 19** at The Front Porch, 798 Grant St., Akron (use back entrance). Free clinical breast exams will be performed by the Cleveland Clinic Cancer Center team. Referrals for mammograms will be provided as appropriate and are free, if not insured. No appointments necessary. Contact: 330-800-0115.
- **TUBA CONCERT & ICE CREAM SOCIAL** – Bring a blanket or lawn chair to the free show at 6 p.m. **Aug. 21** on the lawn at Quirk Cultural Center, 1201 Grant Ave., Cuyahoga Falls.
- **POP-UP FOOD PANTRY** – Akron-Canton Regional Foodbank will host a food pantry from 2-4 p.m. **Aug. 21** at The Vincent House, 838 E. Exchange St., Akron.

- **AKRON PRIDE FEST & EQUITY MARCH** – Events to support and celebrate the LGBTQ+ community **Aug. 23** start with an equity march at 10 a.m. starting from Spaghetti Warehouse in downtown Akron. Other activities include entertainers, exhibitors, an interactive children’s area, food trucks and more from 11 a.m.-10 p.m. in downtown Akron. Details at akronpridefestival.org.
- **REENTRY CLINIC** – The University of Akron Law School volunteers will host the clinic **Aug. 23** from 9 a.m.-noon at House of the Lord, 1650 Diagonal Road., Akron. Note: The clinic may end before noon if capacity is reached. Talk to a volunteer about expungement, certificates for employment or driver’s license help. Call the clinic any time, including for assistance with your criminal record and/or your driver’s license: 330-972-7751. Leave a message and your call will be returned.
- **TEEJ CELEBRATION** – A Hindu festival hosted by the Greater Akron Women’s Group featuring music, dance, culture and traditional food, 1-8 p.m. **Aug. 23** at 134 E. Tallmadge Ave., Akron. All are welcome to attend.
- **SENIOR & CAREGIVER FAIR** – Vendors with community resources, light refreshments, blood pressure checks, raffle prizes and giveaways from 1:30-3:30 p.m. **Aug. 28** at Kenmore Community Center, 880 Kenmore Blvd., Akron.
- **MINDFULNESS WALK** – From 8-9 a.m. **Aug. 29** at Hardesty Park, 1615 W. Market St., Akron. Retired orthopedic surgeon Dr. Joe Blanda will lead the walk around the park, focusing on the senses. The walk will be less than a mile long. Details: <https://www.conservancyforcvnp.org/event/nature-rx-mindfulness-walk-in-akron>.
- **BASKETS OF LOVE FOOD GIVEAWAY** – Akron Bible Church will have its Baskets of Love food distribution at 9 a.m. **Aug. 30** at the Agape Storehouse, 340 E. South St., Akron. Contact: 330-376-5673, akronbiblechurch.net.
- **OVERDOSE AWARENESS DAY EVENT** – Summit Recovery Hub will host the event from noon-3 p.m. **Aug. 31** at 572 W. Market St., Akron. Attendees are encouraged to wear purple.
- **AKRON CITY FESTIVAL** – From 12-6 p.m. **Aug. 31** in downtown Akron. The festival will have a family-friendly atmosphere and celebrate Akron’s young adults as they start a new school year. The parade will kick off at 1 p.m. from Spaghetti Warehouse (510 S. Main St., Akron). Details at <https://tinyurl.com/5ab7umxf>.